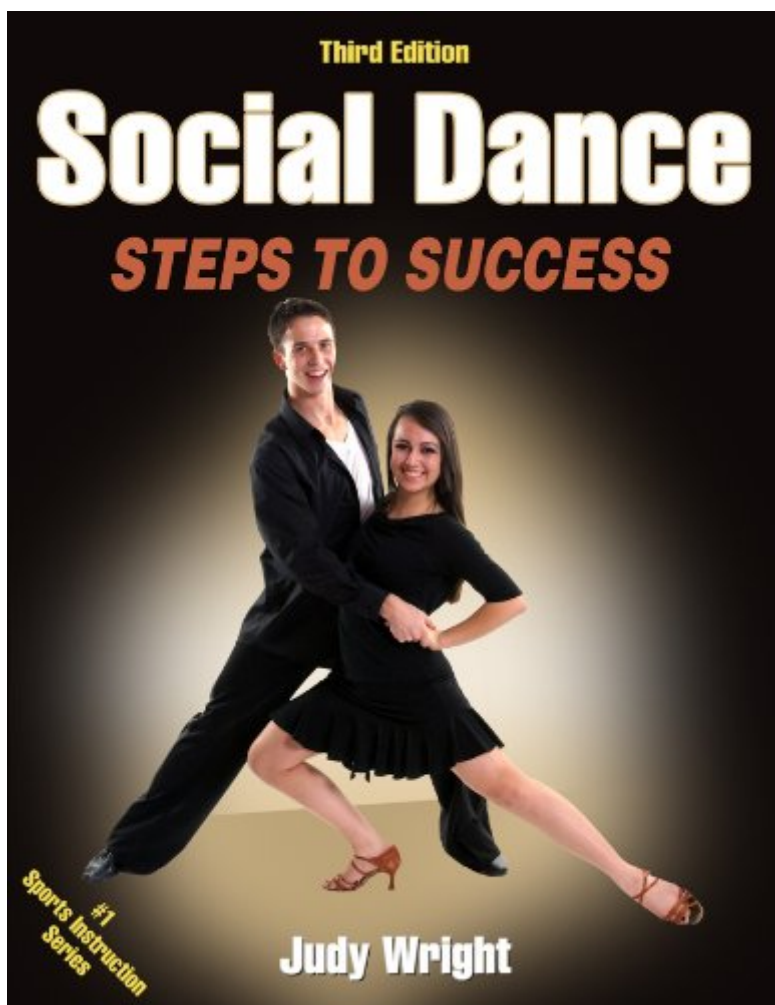




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Social Dance, Third Edition (Enhanced Version)



Synopsis

Feel confident on the dance floor! "step by step! Social Dance: Steps to Success" Enhanced Edition will teach you all the moves for 10 of today's most popular dance styles: merengue, four-count swing and hustle, waltz, six-count swing, foxtrot, polka, cha-cha, rumba, tango, and salsa and mambo. The first few learning steps in this book introduce you to the foundational skills and concepts you need for success on the dance floor. Each step you take is a smooth transition from the previous one. As you progress, you learn not only how your posture and footwork affect your balance but also how to connect your footwork with the music, adjust to a partner, make the transition between partner positions, and create sequences from variations of each dance's specific rhythmic step pattern. Each of the steps also explains why the concept or skill is important, identifies the keys to correcting technique, helps you avoid common errors, and provides drills to practice at your own pace. The later steps show how to demonstrate dance etiquette, including how to adapt to a crowded social dance floor. Social Dance: Steps to Success-Enhanced Edition is written by master teacher and dancer Judy Wright and includes more than 150 video clips for practice and demonstrations of key movements, footwork, and the dances themselves. The book is part of the best-selling Steps to Success activity series, with more than 2 million copies sold worldwide.

Book Information

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Customer Reviews

This is pretty good idea, but very "wordy" - like they keep giving you a sales pitch - in nearly every paragraph - to keep you interested. We've been dancing for years and were mostly curious to see if they had put lightening in a bottle. Nope. It takes at least a couple of years to become a good dancer, and you'll hear and see or all of this on the way to getting better and better. This won't hurt you, but won't help you an awful lot either. Reading about dancing is nowhere as good as being in a class with a good teacher. As a textbook, this might be OK, but you'll need a class, or, classes for it to really be useful. If you've got twenty extra dollars and are curious - good luck. We'll find someone to give ours to...

I was looking for a dance instruction book with which to refresh some dance steps learned long time ago; this search led me to check out Judy Patterson Wright's Social Dance - Steps to Success (2nd Edition) from the local public library. I was happy enough with this book (with a music CD) and was trying to order the book from . By sheer luck, I found that there was a third edition, with a DVD. This book and DVD combination is the best value among the many Dance DVD's I have looked at from the local library -- I browsed through about 12 such DVD's. Let me elaborate why I believe this book-DVD-combination is such a fantastic value for me. 1. The highly acclaimed book was expanded and brought up to date with new pictures; a couple of additional dance styles as well as expanded chapters (about 100 page additional materials added) make the book itself more than worth the total price; 2. The DVD is fantastic -- the demonstrations are clear, attractive, economical in presentation, and contain many more variations for each dance than most other books I have looked at. Male and female separate parts are shown together and therefore eliminated usually boring repeats that eats up unnecessary time. This presentation method represents a clear innovation. 3. One of my biggest stumbling block was identifying music and recognizing the underlying beat and matching those with appropriate dance. The instructions and the music CD helped me to overcome this uneasiness for me. I am preparing my retirement and looking for a dancing nights on cruises: with this book and DVD combination, I feel confident that I will be knowledgeable and polished enough to enjoy any and all type of ballroom dances. This is my first review ever on -- a spontaneous reaction to my gratitude to Judy Patterson Wright and producers of this wonderful book-DVD combination.

Please carefully note that without a multimedia kindle you cannot access the videos. I foolishly purchased this without realizing that, so I was quite disappointed.

Extraordinary good book and DVD. Covers many popular dances with excellent discussion and illustrations. recommended for beginners to get a good grounding of the basics.

Good book except that videos don't work on the Kindle HD. I even tried downloading a DVD player, but still no luck.

Good book, but can't really learn to dance without additional help.

Really good one and so much better than the You Tube videos.

Easy to follow, CD includes music and instructions. I can replay the single sections over and over until I get the steps.

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